

2023
ORGANIC SPA MEDIA
WELLNESS TRAVEL
AWARDS



Every year, we investigate the best and brightest, experiential spas and transformational hotels that gently jolt you out of the routine and help reset the rhythms of life. This year, we've widened the luxury spa lens to push the concept and celebrate extraordinary destinations that tap into nature as nourishment. These scene-stealers will connect your mind and body directly to natural, calming environments. It's no coincidence that rainforests, lagoons and coral reefs feature prominently in our lineup. We've also added new categories this year: Most Sustainable, Best Vegan/Vegetarian, Best Boutique Wellness Resorts, Best Outdoor/Nature, Best Organic Farm/Sea-to-table Culinary Experience, and Best Urban Spa.

Exploring industry innovation as well as sustainable destinations and ancient storytelling, we've interviewed dozens of hospitality experts to help scout and vet all of the winners. To friends and fans, thank you for your integrity and thought leadership. We'll see you in the cold plunge pool.

—The Editors

Best Mineral Hot Springs

Castle Hot Springs USA (ARIZONA)

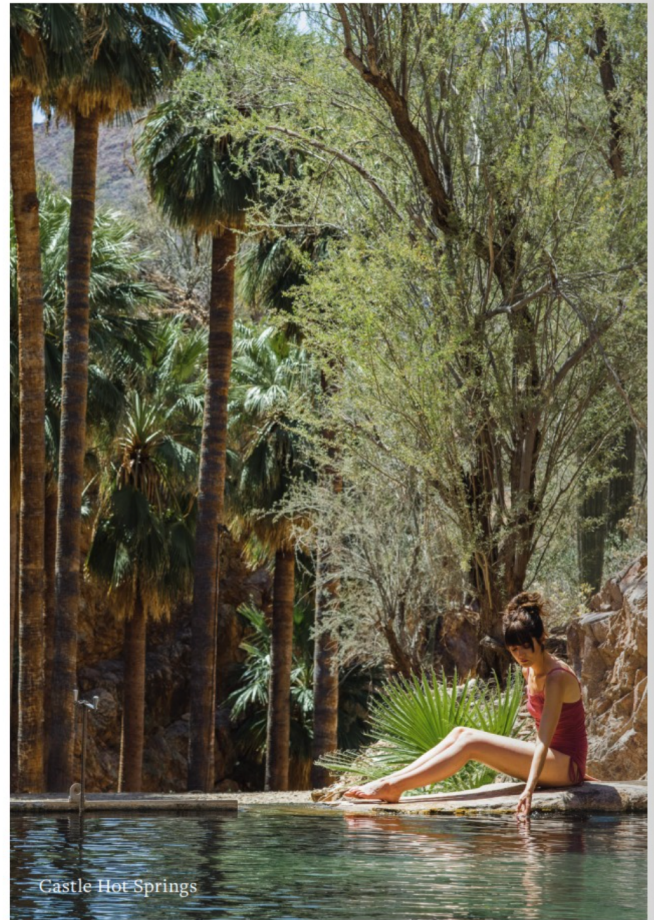
For centuries, visitors have sought out hot springs all over the world for bathing, healing, socializing and spiritual intentions. Here, rainfall sinks through cracks in Arizona's Sonoran Desert, and flows through underground streams, warmed by the earth and mixed with natural moisturizing minerals. Down a quiet dirt road, at Castle Hot Springs you'll experience all-star hiking, biking, stargazing, horseback riding, and lots of soaking in the eternally warm springs. castlehotsprings.com

Blue Lagoon ICELAND

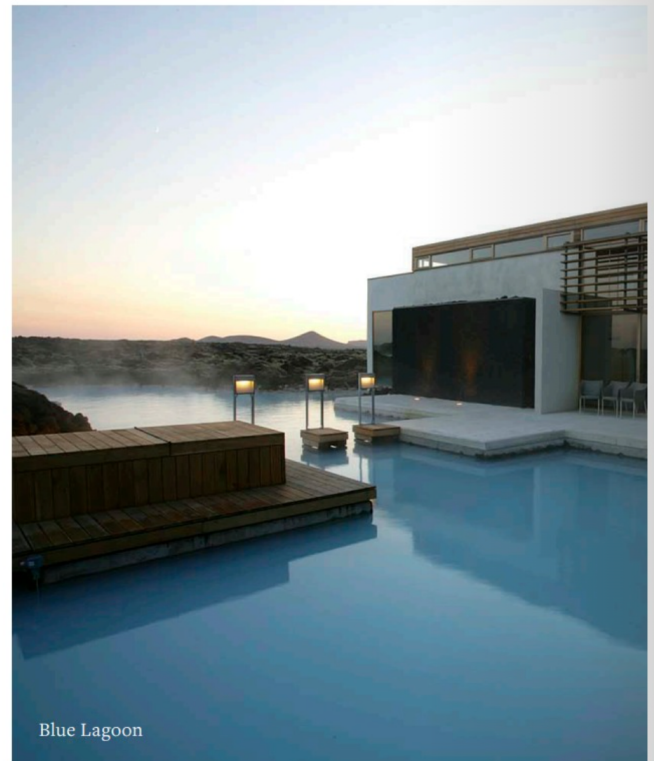
Iceland's Blue Lagoon is probably one of the most well-known and much-visited hot springs in the world. In the early eighties, local residents began to bathe in the serene blue waters formed in the lava fields next to the Svartsengi Geothermal Resource Park. Bioactive elements in the unique water proved to be silica, algae and other healing, detoxing minerals. In fact, Blue Lagoon's signature skincare line is available for sale, and ensures everyone has access to the deeply hydrating properties of the Blue Lagoon. bluelagoon.com

Glen Ivy Hot Springs USA (CALIFORNIA)

Glen Ivy Hot Springs lies sheltered across 14.5 lush acres in the Temescal Valley of Corona, California. Natural mineral spring water flows from deep in the earth to 19 therapeutic pools and healing mineral baths, bringing guests relaxation, renewal and a deep sense of well-being. Guests can rejuvenate and revitalize with a subterranean treatment at The Grotto and enjoy a detoxifying trip to Club Mud. With an idyllic year-round temperature climate, annual visitors seek the benefits of nature, water, and holistic spa treatments at this unique wellness destination. glenivy.com



Castle Hot Springs



Blue Lagoon